

## **QRC Management Committee Meeting**

Minutes of meeting held via Zoom at 7.15pm on Wednesday 29 July 2020

Present: Marc ELLIS (ME)  
Ian HART (IH)  
Emma JOYEUX (EJ)  
Lee MORRIS (LM)  
Philippa RAYNER (PR)

### **1. Previous Minutes**

Minutes from previous meeting Wednesday 26 February\* 2020 were approved.

*\*To note, due to COVID-19, no Management Committee Meetings were held March-June*

### **2. Chairman's Business**

#### Secretary Position

MW has tendered his resignation with immediate effect, however is still remaining a club member and a coach. The Committee, whilst saddened at the resignation, understand the commitment in volunteer roles can be challenging and support his decision. The Committee wish to place on record sincere thanks to MW for his fantastic work during his time as Secretary and appreciated his level headed and common sense approach to his duties.

**Action:** LM to draft newsletter article to advertise the vacancy and request Expressions of Interest (EOI) for an INTERIM Secretary (substantive position to be appointed at the AGM as per constitution along with all officer roles). Newsletter article to go out on Friday 31<sup>st</sup> July with closing date on Friday 7<sup>th</sup> August for the EOI emails to go to the Chairman.

#### Strava Group for solely QRC members

A member has asked about a solely QRC members Strava group. It was confirmed that a QRC Strava Group exists, however the functionality of Strava does not allow for moderation of members as per the QRC facebook page i.e. anyone can join the Strava group.

### **3. Financial**

IH presented a verbal cashflow for the current financial year along with a budget open to change.

Overall, the cash position of the club remains to looking healthy.

### **4. Club General**

#### Lockdown T-Shirts

We are still struggling to source technical t-shirts due current supplier not yet being back in operation fully. Printing of the designs is in hand and quotes received.

**Actions:** LM to contact MySportsWear and ME to contact Up&Running and Start Fitness (Durham) for quotes; EJ will put a facebook poll out to get an indication of numbers and sizes to help facilitate the quotations

#### Club Officers Meeting

EJ suggested that a virtual meeting with the wider club officers would be useful to share what is going on, review how the club functioned during lockdown, prepare for a further lockdown with ideas on how to keep members engaged and to also review the Club's Development Plan in terms of how we continue to move the club forward. All agreed this would be useful and a date to be considered for September/October.

## **5. Coaching**

### Abbey

All members who have taken part appear to have enjoyed the sessions and have given great feedback. There have been no further issues with youths using the field for their own use during our sessions since the football goal posts were moved out of view.

Planning ahead for September and the light availability to train on the field, the following is proposed:

- 1-10<sup>th</sup>: 2 sessions at 18:15 and 19:05
- 15<sup>th</sup> -1<sup>st</sup> October: 1 session at 18:15

Pavement training is not 'COVID secure' as per England Athletics guidance, so we cannot have more than 1:5 ratio for steady runs. Due to the precautions we have put in place with Abbey and our risk assessments, the field is 'COVID secure' and can be up to a 1:12 ratio; however it is preferable for 1:5 ratio to remain at the moment due to both member feedback and current demand. Government guidance will be constantly reviewed as will EA advice.

All were in agreement for the September plan.

August coaching roster is complete and coaches will have to arrange for the transfer of equipment between them.

One coach (LJ) has stepped down; CiRF and LiRF training remains on hold, as is further first aid training which is being explored with St John's Ambulance.

### Eastbourne Track

The track has not been used since lockdown; however it is hoped this can restart from September as the track is 'COVID secure'.

**Action** – IH to contact Eastbourne to see if our booking stands from September and how many people can take part (as per Eastbourne's rules) as we could add in more coaches to make this more accessible to members whilst adhering to EA ratios.

## **6. Any other Business**

None

## **7. Date of next meeting**

8:00pm 12 August 2020