



Team Captains – Role and Responsibilities

Quakers Running Club shall have Men's and Women's Team Captains in each major running discipline:

- Road
- Track & Field
- Cross Country
- Trail & Fell

The Team Captains shall:

- Identify and promote suitable events for club / team participation
- Motivate member participation
- Coordinate race entries / team administration, when required
 - Accessing race entry systems
 - Arranging payments
- Represent the Club at meetings relating to their running discipline
- Manage section content on club website and via club communication
 - Upcoming events
 - Essential participation information
 - o Results
 - o Other relevant content
- Answer member queries relating to their running discipline
- Liaising with other Club Officers as required
- Act as an ambassador for the Club, and a role model for their running discipline