

AGENDA

1. Chairman's Address
2. Approval of the minutes of the 2017 [AGM](#) / [EGM](#)
3. Matters Arising
4. Review of 2017/2018 Accounts (See [Appendix 4](#))
5. Coaching Development Plan – Update on Key Aims (Paul Dalton)
6. Club Officer Election (See [Appendix 6](#))
7. Charity Update (Julie Whinn)
8. Member motions:
 - 8.1 Northern Athletics (Stephen Padgett)

See Northern Athletics Document ([Appendix 8.1](#)) for further information. Proposal for £2 levy from each member, to be paid to Northern Athletics. Non-payment would exclude Quakers members from competing in *Northern Athletics* events. Deadline for club decision is 1 April 2018. AGM to vote Yes or No.
 - 8.2 Club Championship / Age Grading (Michael Joyeux)

Proposal to adapt the QRC Club Championship to be gender and age neutral.
See [Appendix 8.2](#) for supporting information
 - 8.3 Club Awards
 - 8.3.1 Criteria for determining Senior / Veteran (Rob Dent)

See [Appendix 8.3.1](#) for supporting information
 - 8.3.2 Revision of Age Categories (Olly Moore)

See [Appendix 8.3.2](#) for supporting information
 - 8.3.3 New Trophy (Rob Gillham)

Proposal for a new Club Award trophy, based on total points accumulated in 10k League and Club Championship
 - 8.3.4 New Trophies (Ian Bond)

Proposal for new Club Award trophies, for best male and female Track & Field Performances.
 - 8.3.5 Revised voting procedures (Olly Moore)

Proposal that the Management Committee are mandated to review and update the Club Awards management process before the 2018 awards, to ensure clarity and integrity in the purpose and execution of voting and presentation of Club Awards.
 - 8.4 Roles & Responsibilities Change (April Corbett)

Proposal that the Assistant Secretary officer role be absorbed within the duties of the Social Committee

Only items on this agenda will be discussed.

APPENDIX 4 – Summary of Accounts 2017-2018

Opening Balance **£ 2,662.48**

	In	Out	Net
Membership	£ 11,039.03	£ 4,454.00	£ 6,585.03
Social	£ 3,309.30	£ 2,430.90	£ 878.40
Clothing	£ 2,519.10	£ 2,503.38	£ 15.72
Abbey Road	£ -	£ 2,182.70	£ (2,182.70)
Track	£ -	£ 360.00	£ (360.00)
Coaching	£ -	£ 320.00	£ (320.00)
Cross Country	£ 126.00	£ 302.00	£ (176.00)
Track & Field	£ 104.00	£ 113.00	£ (9.00)
Misc	£ 60.00	£ 162.29	£ (102.29)
TOTAL	£ 17,157.43	£ 12,828.27	£ 4,329.16

Closing Balance **£ 6,991.64**

APPENDIX 6 – Club Officer Nomination List

Office	Incumbent	Nomination
Chairman	✓	Graham Park
Secretary		Olly Moore
Assistant Secretary		
Treasurer	✓	Mark Colling
Development Officer		
Membership Secretary	✓	Olly Moore
Web Administrator		Luke Minall
Press Secretary	✓	Rob Dent
Club Kit Officer	✓	Rob Gillham
Lead Coach	✓ ✓	David Ledgerwood Paul Dalton
Team Captains:		
Road - Women	✓	Emma Joyeux
Road - Men	✓	Michael Joyeux
Track & Field - Women	✓	Lindsey Lester
Track & Field - Men	✓	Paul Roberts
Cross Country - Women		Sue New
Cross Country - Men	✓	Marc Ellis
Trail & Fell - Women	✓	Abbie Hull
Trail & Fell - Men		
Welfare Officer	✓ ✓	Mark Colling Wendy Colling
Statistician	✓	April Corbett
Club Championship Administrator	✓	Gemma Marshall
10k Leagues Administrator	✓	Rob Dent
Race Development Committee	✓ ✓ ✓ ✓	Anthony Corbett April Corbett Richard Payne Roy MacDougall
Social Committee	✓ ✓ ✓ ✓ ✓ ✓ ✓	Anna Hardy April Corbett Emma Joyeux Julie Whinn Linda Harrington Sue New Wendy Colling

APPENDIX 8.1 – Northern Athletics (Stephen Padgett)

Proposal for £2 levy from each member, to be paid to Northern Athletics

Consultation Review – Northern Athletics

“Following our announcement in the summer of 2017 that Northern Athletics needed to consider ways of funding itself, given the failure of England Athletics to commit to grant funding us beyond April 2019, we launched our booklet ‘Your support, Our survival, Your future’ that sought to detail and justify a proposal which was put to our Annual Open meeting in November.

“The proposal asked the clubs to affiliate to Northern Athletics by October 2018 on the basis that the clubs would pay an affiliation fee to us representing £2 per EA registered competitive athlete. This was passed by an overwhelming majority at that meeting and it was agreed that there would be a consultation period up to the 15th February 2018 when questions and issues could be raised. This process was outlined in our document ‘The Way Forward’ which was circulated to all clubs late last year.

“Since then we have had many e mails from the clubs of the North asking questions about the scheme, making suggestions and overall helping us in this process. We have also had much support for the scheme from clubs across the spectrum. We had said that we would ask clubs to commit or not to our proposals after this document was circulated but we have had already over 40 clubs committing to it on a voluntary basis and most of them had had that decision ratified by either their club committee or by way of AGM or EGM.

“We are very grateful for the encouragement and backing we have received and although this is a testing time it has enabled us to carry on holding our latest championship events with vigour in our steps. We hope many of you enjoyed our Senior and Junior Indoor Track & Field Championships at Sheffield as well as our cross country championships held at the magnificent setting of Harewood House near Leeds. Next year Northern Athletics is hopeful of hosting the National Cross Country Championships there. “

The full Northern Athletics review document including Q&A is available from:

<https://quakers.run/wp-content/uploads/2018/03/Review-2018.pdf>

APPENDIX 8.2 - CLUB CHAMPIONSHIP PROPOSAL (Michael Joyeux)

Prior to the 2017 Championship, there was a club championship that allowed for all athletes regardless of gender and age to compete on a level playing field, using the internationally recognised WMA/WAVA age grading calculator. This allowed athletes to compete on a level playing field. Comparing two 50 year old athletes that have a 40 minute 10k time, one male and one female, the male scores a percentage of 75.3% and the female scores a percentage of 85.6%. Meaning that the 50 year old female athlete has performed significantly better and will in turn get a better age graded time. A better time leads to more points in the championship.

However, the championship was separated as there was a misunderstanding about how the grading works. It takes into account gender as well as age.

So, the 2017 club championship was separated up into separate male and female competitions, still using the age grading, but men were able to take points away from the women and visa-versa. This means that in the women's competition, at some races (Richmond 10k for example), Gill Colling, the second place female, had 18 men in front of her following age grading. This means that in the current competition, there isn't equality as the genders take points from each other.

It has been said that there has never been a female athlete that has won the club championship. The problem has been that the male athletes that have won the championship have been high-level veteran athletes, high-level junior athletes or athletes that have been able to record times quicker than their age graded rivals. It stands to reason that the quickest runners that consistently finish high up in their age categories will grade higher.

A good local example for comparison is Shirley Gibson of the Darlington Harriers:

10k Best Times and %		
Michael Joyeux	Brian Martin	Shirley Gibson
31:38 (86%)	37:58 (90%)	51:52 (91%)

It's worth noting that Michael, as joint winner this year, did not take a single point from Brian Martin and did 10 races that Brian didn't.

For equality purposes and to ensure that the Club Champion is the best overall runner over a range of distances and terrains over the entire year, it stands to reason that we should have one championship. (I appreciate that we have purchased a cup for the female champion this year.)

If we are accepting that females and males aren't able to compete in a level age graded championship, then we should have two championships. To keep it the way it is, is not fair on either gender.

My proposal is to vote on either:

Option 1. Two Championships: Completely separate the points and tables so that there is a separate table for men and women.

or

Option 2. Go back to having one championship table, using age grading, as a fair way to have all members of the club complete on a level playing field, regardless of gender and age.

Appendix 8.2 continued**Background Information - WHAT IS AGE GRADING?****COMPARING SENIOR AND VETERAN ATHLETES**

Ever ask the question...who has the best performance in a road race? Your answer might be, "the runner with the fastest time." This answer would be true if performances were based solely on time, which is the case in the Open and age group categories. The first runner across the finish is always the winner.

But, what if you are trying to determine the best performances within a large age range such as the Masters/Veterans? This includes ages 40 through 80 and older in some events. Certainly, if it goes to the first runners across the finish it will almost invariably be the 40-44-group excluding all the older runners from any chance of winning a Veteran's prize. What is fair about one 40-year age group?

What is the best performance in a 5 km race...a 40-year-old runner posting a 16:20 or, for example, a 65-year-old runner who is timed in 19:02? What about a 53-year-old year who posts a 17:35 or even a 79-year-old runner who covers the course in 23:12?

AGE & GENDER GRADING

An innovative and equitable way to score the "best performances" for the runners approximately age 35 and over and approximately 19 and under has been developed. WMA (World Masters Athletics) did a lengthy and comprehensive study that involved the tracking of hundreds of thousands of times for runners age 35 and over and 19 and under taking into consideration the ageing and slowing process.

The result was a formula for each age by sex which converts a runner's actual time to an open time or in theory what a runner would have run in his or her prime. (somewhere in the age range of 21-33) With this formula it is possible to determine within reason the best performance among all Masters finishers regardless of age or among all finishers. Age-graded scoring does not replace the open or age group scoring

This formula is used for team scoring by totalling the top three or four age/sex-graded times which allows everyone regardless of sex or age to contribute. Male Open runners approximately age 21 to 33 (depending on the race distance) receive no handicap. Males approximately age 34 and over are age graded.

Female Open runners (approximately age 21-33, depending on race distance) are sex-graded with a handicap of approximately .9000 (depending on distance). This factor is determined by dividing the Open class world record female time by the Open class male record. Females approximately 33 and over are age-graded and then sex-graded.

In short, WMA scoring makes everyone age 25 and then compares times.

APPENDIX 8.3.1 - CLUB AWARD PROPOSAL (Rob Dent)

Criteria for determining “senior” and “veteran”

Firstly this proposal is not to look at redesigning the club awards (as that discussion took place at last year’s EGM, resulting in a vote to keep the categories as they were rather than introducing new ones). This is purely to look at our own definition of “senior” and “veteran” when it comes to the awards for Senior Male & Female and Veteran Male & Female.

At the moment, our awards criteria follows that of UK Athletics whereby:

- A female becomes veteran on turning 35
- A male becomes veteran on turning 40

Given the demographics of the club this results in quite lopsided figures for both sexes, more so for females.

		Current Split	If both classed as veteran at 40	If both classed as veteran at 45
FEMALE	Senior	29 (18%)	54 (34%)	74 (47%)
	Veteran	128 (82%)	103 (66%)	83 (53%)
MALE	Senior	47 (28%)	47 (28%)	72 (44%)
	Veteran	117 (72%)	117 (72%)	92 (56%)

The table above highlights the figures if the categories are changed to either 40 or 45. As you can see, both categories pretty much even out if the cut-off becomes 45.

There is also now an anomaly when it comes to males aged 35-39. Anyone in this category is classed as a senior when taking part in a road race, but a veteran when taking part in a track event or cross country race. Should anyone wish to vote for someone who has done well in the latter two events, they would have to do so under our senior category, even though under UKA criteria they were a veteran.

At the end of the day, the club awards are ours, so is there a need to base the two categories on the UKA criteria. Changing the criteria for the two categories would make for a fairer representation across the board.

Therefore, my proposal further to the above is one of:

- Keep the criteria the same
- Make Veteran over 40 years for both
- Make Veteran over 45 years for both

APPENDIX 8.3.2 - CLUB AWARDS PROPOSAL (Olly Moore)

Revision of age categories

A veteran Quaker currently has a 1 in 141 (male) or 1 in 127 (female) chance of winning an award, compared to a 1 in 25 chance for a senior male.

It is proposed to change the age categories used for Club Awards and Most Improved awards, so that all members stand a more even chance of receiving an award.

Several options have been modelled, with AGM requested to vote on their preferred option:

Current					Trophies: 4
	<i>Female</i>		<i>Male</i>		
Senior	29	19%	25	15%	Senior
Veteran	127	81%	141	85%	Veteran

Option 1					Trophies: 12
	<i>Female</i>		<i>Male</i>		
SEN	29	19%	25	15%	SEN
V35	26	17%	23	14%	V35
V40	28	18%	25	15%	V40
V45	28	18%	18	11%	V45
V50	32	21%	27	16%	V50
V55+	13	8%	48	29%	V55+

Option 2					Trophies: 8
	<i>Female</i>		<i>Male</i>		
SEN	29	19%	48	29%	SEN <40
V35	54	35%	43	26%	V40
V45	60	38%	51	31%	V50
V55+	13	8%	24	14%	V60+

Option 3					Trophies: 6
	<i>Female</i>		<i>Male</i>		
Under 40	55	35%	48	29%	Under 40
40-49	56	36%	43	26%	40-49
Over 50	45	29%	75	45%	Over 50

Option 4					Trophies: 4
	<i>Female</i>		<i>Male</i>		
Under 45	83	53%	73	44%	Under 45
Over 45	73	47%	93	56%	Over 45

Based on active membership demographic, 31st January 2018. Excludes Beginners.