

North Yorkshire & South Durham Track & Field

Fixture 2: Middlesbrough 3rd May

Track			Field		
Approx Time			Approx Time		
6.30	75m	u11 Boy/Girls	6.10	Long Jump	u11 Girls
6.40	100m	U13 Girls	6.10	600g Shot	u11 Boys
	100m	U13 Boys	6.40	Long Jump	U13 Boys / Girls
	100m	U15 Girls		Discus	U15 Boys / Girls
	100m	U15 Boys			U17/Sen Wom
	100m	Graded	7.00	Discus	U17/Sen Men
		U17/Sen Men Wom			
7.20	800m	U13 Girls	7.10	Long Jump	U17/Sen Men Wom
	800m	U13 Boys			
	800m	U15 Girls			
	800m	U15 Boys	7.40	Long Jump	U15 Boys / Girls
	800m	Graded			
		U17/Sen Men Wom		Discus	u13 Boys / Girls
8.00	1500m	Steeplechase (inc NECAA)			
	2k	U17/U20/Sen Wom (Champs)			

Notes:

Graded Races are for U17 to Senior Men & Women

ONLY

Field Events

2 Trials for U11's

3 Trials for all other age groups*

4 trials for top 6 subject to referee's discretion

*Where the number of long jump competitors is high and there are insufficient officials to operate two pits - the referee may decide to curtail competition to 2 trails

FOR ALL THROWING EVENTS:

"Sen" includes U20 and Vets who should throw the **appropriate weight for their age category**.